



October 1, 2006

Race Starts at 11 AM!

Call 540-387-6078 or e-mail wschultz@roanokecountyva.gov for more info!

The Poor Mountain HillClimb is supported by these generous sponsors:



**ONLINE REGISTRATION POWERED BY ACTIVE.COM. TO REGISTER ONLINE PLEASE VISIT US ON THE WEB AT
www.RoanokeCountyVA.gov/parks**

REGISTRATION FEES & DEADLINES: The pre-registration fee of \$20 applies to entries completed or postmarked by September 8, 2006. Registration fee for entries after September 8th and on Race Day is \$25. An awards lunch along with shower facilities will be available at Camp Roanoke following the race. See www.camproanoke.com for map and directions. Racers will leave Camp Roanoke at approximately 10:30 am for the starting line at the bottom of Poor Mountain. Racers can leave a labeled bag of fresh clothing at registration and race staff will take it to the finish line.

COURSE DESCRIPTION: A massed start up Roanoke County's Poor Mountain, just 10 miles west of Roanoke! A real knee knockin', sweat poppin', jaw droppin', bike rockin', chin-to-the-bars PURE CLIMB! See www.roanokecountyva.gov/parks for course pictures and more info!

PRIZES: A total of \$2,200 in cash prizes will be awarded at the post-race reception at Camp Roanoke, including \$500 for male and female record breakers (\$250 each). Field limit is 200 racers.

CHECK ONE ENTRY FEE BELOW:

____ **Early Registration Entry Fee \$20** (completed or postmarked by Sept. 8) *Includes race merchandise.*

____ **Late Registration Entry Fee \$25** (completed or postmarked after Sept. 8, please allow at least one (1) week for mail delivery.

If mailed registration is not received by race day you will be expected to pay cash for your entry and we will return your check to you.

Does not include race merchandise

*** Please make checks payable to Roanoke County, Park, Recreation, & Tourism***

RACE DAY REGISTRATION Fee is \$25 (CASH ONLY, NO CHECKS) Registration time 8:00 AM -10:15 AM

CATEGORY AS DETERMINED BY YOUR ABILITY ON OCTOBER 1ST RACE DAY (CHECK ONE):

(THERE ARE NO RECREATION OR CHILDREN'S RACES AVAILABLE FOR THE POOR MOUNTAIN HILLCLIMB – **NO ONE UNDER 14 CAN PARTICIPATE, NO EXCEPTIONS!**)

____ **Novice** ____ **Sport** ____ **Expert/Pro**

CATEGORY AS DETERMINED BY YOUR AGE ON OCTOBER 1ST RACE DAY (CHECK ONE):

____ **Men 14 through 17** ____ **Men 18 through 35** ____ **Men 36 through 49** ____ **Men 50+**

____ **Women 14 through 17** ____ **Women 18 through 35** ____ **Women 36 through 49** ____ **Women 50+**

NEW THIS YEAR: OPEN CLASSES (ALL AGES)

Single Speed Male: ____ **Single Speed Female:** ____ **Clydesdale (M 200lbs+):** ____ **Athena (F 160lbs+):** ____

ALL CYCLISTS ARE REQUIRED TO WEAR A CPSC, SNELL, OR ANSI APPROVED HELMET!

NAME: _____ **PHONE:** _____

ADDRESS: _____
STREET

CITY

STATE

ZIP

E-MAIL: _____

EMERGENCY CONTACT: _____
CONTACT NAME HOME PHONE WORK PHONE CELL PHONE

ADULT PARTICIPANT RELEASE FORM/WAIVER

I, the undersigned, do hereby agree to participate in the Poor Mountain Hill Climb October 1, 2006 at my own risk. I understand and assume the risks of my participation and I agree to indemnify and hold harmless the County of Roanoke Board of Supervisors and their officers, sponsors, agents, employees, and volunteers from and against any and all liability for any injury which may be suffered by or inflicted by the aforementioned individual arising out of or in any way connected with participation in this difficult and strenuous event. **Must Check Yes or No.** ____ **YES** ____ **NO**

ADULT PARTICIPANT SIGNATURE: _____ **DATE** _____

PARTICIPANTS UNDER AGE 18 RELEASE FORM/WAIVER

I, the undersigned, do hereby agree to allow ward/child _____ to participate in the Poor Mountain HillClimb October 1, 2006 at their own risk. I understand and assume the risks of their participation and I agree to indemnify and hold harmless the County of Roanoke Board of Supervisors and their officers, sponsors, agents, employees, and volunteers from and against any and all liability for any injury which may be suffered by or inflicted by the aforementioned individual arising out of or in any way connected with participation in this difficult and strenuous event. I also hereby give permission for ward/child _____ to be photographed while participating in this event and I give Roanoke County and their agent's permission to use or distribute such photo and identification. I understand this consent complies with 8.01-40 of the Code of Virginia. **Must Check Yes or No.** ____ **YES** ____ **NO**

PARENT/GUARDIAN SIGNATURE FOR PARTICIPANTS UNDER AGE 18 SIGN BELOW:

DATE _____